9:00 – 9:15
Welcome Greetings
Mauro Giovanni Carta - Cagliari, Italy

9:15 – 10:45
Mental health in the Mediterranean area in post-COVID
Chairmen: Elie Karam - Beirut, Lebanon; Viviane Kovess - Paris, France

- Depression and COVID-19: preliminary results from a community survey in La Manouba Governorate, Tunisia
  Uta Ouali, Amina Aissa, NIH Team - Tunis, Tunisia

- Impact of COVID on mental health in Spain
  Joseph Maria Haro Abad - Barcelona, Spain

- Psychiatric Care during COVID-19 Pandemic: the Egyptian Experience
  Tarek Okasha - Cairo, Egypt

- The impact of COVID-19 in the Italian Health Professional
  Giuseppe La Torre - Rome, Italy

- COVID-19 and Young People
  Mathilde Husky, Viviane Kovess - Bordeaux, France; Paris, France

10:45 – 12:00
Bipolar Disorders - Welcome greetings by Jules Angst, Zurich, Switzerland
Chairmen: Michele Fornaro - Naples, Italy; Francesc Colom - Barcelona, Spain

- Temperament: the Viennese perspective
  Andreas Erfurth - Vienna, Austria

- Circadian rhythms in Bipolar Disorders
  Michele De Prisco - Barcelona, Spain

- Treatment of Bipolar Depression
  Leonardo Tondo - Harvard, US

- Neuroinflamation in Bipolar Disorder
  Mai Elassy - Mansoura, Egypt; Kuwait
12:00 – 13:30

**Human Rights/Trauma**

Chairmen: Adib Essali - Auckland, New Zealand; Mauro G Carta - Cagliari, Italy

- **Evidence on interventions for promotion, prevention and treatment to support refugees and asylum seekers**
  Marianna Purgato - Verona, Italy

- **Depression, Resilience and Post Traumatic Stress Disorder (PTSD) in Asylum-seeker War Refugees**
  Maria Malliarou - Larissa, Greece

- **Croatian experience on WHO QualityRights: Transforming services and promoting human rights**
  Sladjana Strkalj Ivezic - Zagreb, Croatia

- **Integrative Contextual Model for understanding of posttraumatic mental health sequelae**
  Boris Drozdek - Den Bosch, The Netherlands

- **Scalable interventions for Syrian refugees in Turkey**
  Ceren Acartürk - Istanbul, Turkey

13:30 – 14:00

**Lunch time**

14:00 – 15:00

**Board meeting**

15:00 – 16:15

**Suicide**

Chairmen: Mehmet Eskin - Istanbul, Turkey; Antonio Preti - Turin, Italy

- **The efficacy of problem-solving therapy in suicide attempted psychiatric patients**
  Neslihan Turgut - Aydin, Turkey

- **Reducing suicide risk in Lebanon**
  Cemile Ceren Sönmez - Instambul, Turkey

- **Addressing psychological distress in people bereaved through suicide: the Soproxi program**
  Paolo Scocco - Padova, Italy

- **Suicide among people with bipolar disorder in Tunisia**
  Wissal Cherif, Faten Fkhiih-Romdhane, Majda Cheour - Tunis, Tunisia
16:15 - 17:30

**New technologies and rehabilitation**
Chairmen: John Cachia Msida - Malta; Liliana Dell’Osso - Pisa, Italy

- Virtual reality and cognitive remediation in psychiatric rehabilitation
  Valerio De Lorenzo, Alessandra Perra - Rome, Italy; Cagliari, Italy

- Sailing and new technologies as rehabilitation tools
  Aarón Manzanares Serrano, Francisco Sagado, Federica Sancassiani - Murcia, Spain; Cagliari, Italy

- Telemedicine and Bipolar Disorders
  Claudia Carmassi - Pisa, Italy

- e-Health in alcohol and substance use disorders prevention: the D-Arianna and ORION projects
  Giuseppe Carrà, Cristina Crocamo - Milan, Italy

17:30 - 18:45

**Parcours culturels et psychopathologie, le regard de la francophonie méditerranéenne**
Chairmen: Rym Ghachem - Tunis, Tunisia; Attia Dalila Benmassoud - Algiers, Algeria

- Tempéraments affectifs dans les troubles de l’humeur: Expérience Tunisienne
  Anwar Mechri - Sousse, Tunisia

- Recovery et premier logement dans la population sans-abri
  Vincent Girard - Marseille, France

- La psychiatrie au Maroc: Réalités et perspectives
  Ismail Rammouz - Agadir, Morocco

- Parcours de soins des patients psychiatriques en Algérie: entre croyances autour de la maladie et spécificités culturelles
  Madoui Mahboub Fatima Zohra - Costantine, Algeria

18:45 - 19:00

**Closing activities**
Strengthening networks on Mental Health in the Mediterranean area

APRIL 23, 2022 - time CET/ROME

9:00 – 10:30

Wellbeing and Mental Health
Chairman: Ivan Barbov - Skopje, Macedonia; Maria Pietronilla Penna - Cagliari, Italy

- Mediterranean Diet and Mood Disorders
  Fernanda Velluzzi - Cagliari, Italy

- Towards a validation of two new instruments in the area of bipolar spectrum disorders: questionnaire for hyperactivity and drive to exploration, and genetic tool
  Goce Kalcev, Alessandra Scano - Cagliari, Italy

- Active ageing against social exclusion and cognitive impairment
  Dario Fortin, Giulia Cossu - Trento, Italy; Cagliari, Italy

- Can regular physical exercise be a treatment for panic disorder?
  Sergio Machado - Rio de Janeiro, Brazil

10:30 – 11.45

Social Psychiatry
Chairman: Nidhal Staali - Tunis, Tunisia; Nino Makhashvili - Tbilisi, Georgia

- General practitioners’ experiences during the first phase of the COVID-19 pandemic in Italy: a critical incident technique study
  Peter Kurotschka - Wrzburg, Germany

- WHO QualityRights in Albania and differences in the experience working in mental health in Albania and Canada
  Laura Lori Dano - Toronto, Canada

- WHO QualityRights in Greece: examples of implementation and future perspectives
  Panagiotis Chondros - Marousi, Greece

- Enhancing service user participation in mental health decision-making: benefits, challenges, and lessons learned from the case of the first service user association in Lebanon
  Thurayya Zreik - Beirut, Lebanon

11.45 – 12.00

Closing activities
Strengthening networks on Mental Health in the Mediterranean area

APRIL 22-23, 2022
MEDITERRANEAN SOCIETY ON MENTAL HEALTH

- SPEAKERS -

Utta Oudi - Department Psychiatry A, Razi University Hospital, Tunia, Tunisia; University of Tunis “El Manar”, Tunis, Tunisia
Amina Aissa - Department Psychiatry A, Razi University Hospital, Tunis, Tunisia; University of Tunis “El Manar”, Tunis, Tunisia
NID Team - National Institute of Health, Tunis, Tunisia
Joseph Maria Haro Abad - Parc Santitari Sant Joan de Déu, Universitat de Barcelona, Barcelona, Spain
Tarek Okasha - Okasha Institute of Psychiatry, Faculty of Medicine, Ain Shams University, Cairo, Egypt
Giulio Giovanni Carta - University “La Sapienza”, Rome, Italy
Mathilde Husky - Laboratoire de Psychologie, Université de Bordeaux, Bordeaux, France
Viviane Kovess - Université de Paris, LPPS, Paris, France; Department of Psychiatry, McGill University, Montreal, Canada
Jules Angst - University of Zurich, Switzerland
Andreas Erhardt - Department of Psychiatric and Psychosomatic Medicine, Klinik Hietzing, Vienna
Michele De Prisco - Bipolar and Depressive Disorders Unit, Institute of Neuroscience, Hospital Clinic, Barcelona, Catalonia, Spain; Section of Psychiatry, Department of Neuroscience, Reproductive Science and Odontostomatolgy, Federico II University of Naples, Naples, Italy
Leonardo Tondo - Master of Science Epidemiology and Statistics Harvard School of Public Health, McLean Hospital and Harvard Medical School, Harvard, US
Mai Elsawy - Mansoura University, Egypt; Kuwait Center for Mental Health, Kuwait
Mehmet Turgut - WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation, Department of Neurosciences, Biomedicine and Movement Sciences, University of Verona, Verona, Italy; Cochrane Global Mental Health, University of Verona, Verona, Italy
Maria Malliarou - Laboratory of Research and Education of Trauma Care and patient safety, University of Thessaly, Larissa, Greece
Stjipanovic Stjepa - Jarkovac - University Psychiatric hospital Vrapce, Croatia
Boris Drozdek - MD, psychiatrist/psychotherapist, De Hemiseer, Den Bosch, The Netherlands
Ceren Acartürk - Koc University, Department of Psychology, Istanbul, Turkey
Neshion Turgut - Clinical Psychologist, Aydin, Turkey
Cemile Ceren Sönmez - Koc University, Istanbul, Turkey
Paolo Scocco - SOPROXI, Mental Health Center, ULSS 8 Euganea, Padova, Italy
Wissal Cherif - Hospital Razi, Manouba, Tunisia
Faten Fkhil-Romdhane - Hospital Razi, Manouba, Tunisia
Majda Chehroudi - Faculty of Medicine of Tunis, Tunia El Manar University, Tunis, Tunisia; Hospital Razi, Manouba, Tunisia
Valerio De Lorenzo - PRoMIND Services for Mental Health, Rome, Italy; University of Rome “Tor Vergata”, Rome, Italy
Alessandra Perri -International Ph. D. in Innovation Sciences and Technology, University of Cagliari, Cagliari, Italy
Aarón Manzanares Serrano - Faculty of Sport, Catholic University of Murcia (UCAM), Murcia, Spain
Francisco Segado - Faculty of Sport, Catholic University of Murcia (UCAM), Murcia, Spain
Federica Sancassiani - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy
Claudia Carmassi - Department of Clinical and Experimental Medicine, University of Pisa, Pisa, Italy
Giuseppe Carra - Department of Medicine and Surgery, University of Milan “Bicocca”, Milan, Italy
Kristina Crocemo - Department of Medicine and Surgery, University of Milan “Bicocca”, Milan, Italy
Anwar Helw - Faculté de Médecine de Monastir, Monastir, Tunisia
Vincent Girard - Aix-Marseille University, Public Health Research Unit, Marseille, France; Regional Agency of Health, Marseille, France
Ismail Rammouz - Faculté de médecine d’Agadir Université Ibn Zoh, Agadir, Morocco
Madoufi Mahboub Fatima Zohra - EHS de psychiatrie; Mahmoud Belami, Laboratoire des maladies liées au stress psychosocial, Faculté de Médecine Bekkaem
Bensmail, université 3, Constantine, Algeria
Fernando Velluzzi - Obesity Unit, Department of Medical Sciences and Public Health, University of Cagliari, Italy
Gioce Kaice - International Ph.D. in Innovation Sciences and Technology, University of Cagliari, Cagliari, Italy
Angelo Scuderi - Department of Surgical Sciences, University of Cagliari, Cagliari, Italy
Dario Fortin - Department of Psychology and Cognitive Science - University of Trento, Trento, Italy
Giulia Cossu - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy
Sergio Mahnado - Department of Sports Methods and Techniques, Federal University of Santa Maria, Santa Maria, Brazil; Laboratory of Physical Activity Neuroscience, Neurodiversity Institute, Quelimados-RJ, Brazil
Peter Kurotschka - Department of General Practice, University Wuerzburg, Wuerzburg, Germany
Laura Lori Dono - Ryerson University, Toronto, Canada
Panagiotis Chondros - "THE HOME Project", Athens, Greece
Thuraya Zreik - Research Consultant, Mental Health Service User Association, Lebanon

- CHAIRMEN -

Elie Karam - St. George Hospital University Medical Center, University of Balanand, Faculty of Medicine, Beirut, Lebanon
Viviane Kovess - Université de Paris, LPPS, Paris, France; Department of Psychiatry, McGill University, Montreal, Canada
Francesco Calom - Hospital “Del Mar”, Barcelona, Spain
Adib Essali - Consultant psychiatrist, Auckland, New Zeland
Mauro Giovanni Carta - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy
Mehmet Ekinci - Koc University, Psychology Clinic, University of Pisa, Pisa, Italy
Antonio Preti - Department of Neuroscience, University of Turin, Turin, Italy
John Cachia - Public Health Medicine & Specialist in Family Medicine, Office of the SPH; Public Health Medicine, University of Malta
Lillian Dell’Osso - Psychiatry Clinic, University of Pisa, Pisa, Italy
Rym Ghachem - Hôpital RAZI Service Pinel, Tunis, Tunisia
Dalila Benmassoud - Hôpital Psychiatrique Frantz Fanon Bida, Algérie; Université Saad Dahleb - Faculté de Médecine, Bîda, Algérie, Algiers, Algeria
Ivan Bormanov - Department of Neuromuscular diseases, University Clinic of Neurology, Skopje, North Macedonia, Skopje, Macedonia
María Pietronilla Penna - Department of Psychology, University of Cagliari, Italy
Nicolò Scola - Razi hospital, Tunis, Tunisia
Nino Makashvili - Faculty of Business, Technology, and Education; School of Natural Sciences and Medicine, School of Arts and Sciences; Ilia State University, Tbilisi, Georgia

- SCIENTIFIC SECRETARY -

Giulia Cossu, Davide Gipaz, Alessandra Perri, Federica Sancassiani - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy

- PRESIDENT OF THE WEBINAR -

Mauro Giovanni Carta - Department of Medical Sciences and Public Health, University of Cagliari, Cagliari, Italy